

# COLOURS OF THE EARTH

ART EXHIBIT OCT. 5 - NOV. 29, 2023

Heliconian artists highlight both the amazing array of colours of this earth and the forces of nature that can enhance or destroy it – fire and ice, water and wind. Some works celebrate the colours of our environment, others focus on extreme weather and climate change.

Join us at one of four public Openings:


Oct. 11      4 to 7:30 pm

Oct. 14      2 to 5 pm

Nov. 4        2 to 5 pm

Nov. 8        4 to 7:30 pm

or visit by appointment [rentals@heliconianclub.org](mailto:rentals@heliconianclub.org)

 Heliconian Hall,  
35 Hazelton Avenue, Toronto  
[www.heliconianclub.org](http://www.heliconianclub.org)



THE HELICONIAN CLUB

WOMEN LIVING IN THE ARTS

## PARTICIPATING ARTISTS

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**AURORA BOREALIS 1**  
2023  
Watercolour  
15 x 11 in



**PATRICIA BELLO**

[pmbello@hotmail.com](mailto:pmbello@hotmail.com)



**AURORA BOREALIS 2**  
2023  
Watercolour  
15 x 11 in



**CALIFORNIA ARDE**

2022

Watercolour

11 x 9.25 in



**PATRICIA BELLO**

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**THE LAKE DRIED OUT**

2023

Acrylic on canvas

30 x 24 in



**PATRICIA BELLO**

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**COLIMA VOLCANO**  
2015, From an airplane  
Oil on Panel  
22 x 28 in

**VIVIAN EAST**

[vivian.east@gmail.com](mailto:vivian.east@gmail.com)



I painted “Colima Volcano” venting smoke after seeing it from an airplane. I was flying over Mexico in 2013. In 2017, it erupted, completely changing the profile of the mountain and endangering inhabitants.

Vivian East is a landscape painter who specializes in depicting remote parts of Canada. She sometimes creates oil paintings of other parts of the world upon travelling to them. She is a former Visual Arts teacher for the Toronto School Board and founder of Freehand School of Art in North Toronto.



**GAIA'S FURY**  
2023, Eruption of the Colima Volcano  
Oil on Canvas  
24 x 30 in

**VIVIAN EAST**

[vivian.east@gmail.com](mailto:vivian.east@gmail.com)



**GAIA'S REVENGE**  
2023, BC Forest Fire  
Oil on Canvas  
23 x 30 in

**VIVIAN EAST**

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In 2023, the wildfires reminded me of the volatile nature of our atmosphere. Considering that we have an inferno beneath us and the constant possibility of one on the surface it propelled me to paint the two versions of that inferno that I have seen in photographs – hence “Gaia’s Fury” and “Gaia’s Revenge”. We live on a thin veneer of habitable life which we must protect.



**AUTUMN CHROMA**  
2022, Near Thunder Bay  
Oil on Masonite  
16 x 35 in

**VIVIAN EAST**

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“*Fall Chroma*” was inspired by the dazzling yet ephemeral nature of the autumn forest.



**BLAZING SKY**  
2023  
Acrylic on Canvas  
12 x 16 in

FLORENCE GUTTMAN

floguttmanart@gmail.com



**FALL SPLENDOR**  
2017  
Watercolour  
12 x 9 in

My artwork reflects my love of colour, shape and movement. Each piece expresses a mood of its own.

The floral watercolours reflect the diverse array of Earth's seasonal colours.

The "Blazing Sky" signifies the earth's stunning colours in a vivid sunset.

FLORENCE GUTTMAN

floguttmanart@gmail.com





**SUMMER SPLENDOR**

2020  
Watercolour  
9 x 12 in

**FLORENCE GUTTMAN**

floguttmanart@gmail.com

**WIRED**

2023  
Ink and watercolour on art board  
9 x 12 in

As we discover whenever it fails, electricity is up there with food and water, an essential of life. The view down Spadina has a phalanx of tall grass in the foreground that I imagine is wheat, foundation of cities and empire.



**BRIGHT CORNER**

2023  
Gouache on art board  
9 x 12 in

The market sells the gift of spring flowers. As the hymn says: "Brighten the corner where you are". And a wee drama: the "bodega cat" is slinking behind the geraniums, to escape the dog's notice.

**DOUGAL M. HAGGART**

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**DANCING WITH PATIENT TREES**

2014

Acrylic on canvas

30 x 24 in

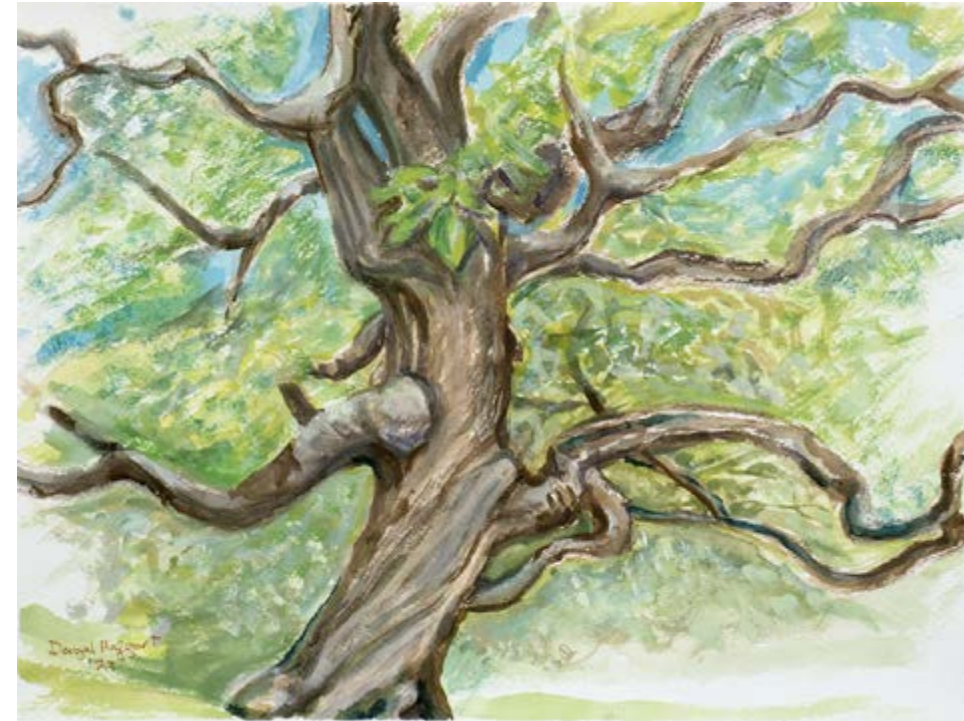
In winter you see the gestures of the trees against simple snowy silence – it seems they too are caught in mid leap, like the dog racing around them.



**DOUGAL M. HAGGART**

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**THE CATALPA TWISTS**

2023

Gouache on paper

10 x 14 in

**DOUGAL M. HAGGART**

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It may not be “natural” in a forest or welcome on a narrow city lot, but given the room, a tree reaches wide in parkland, a joy to see.

It’s all about the sun and sky.



**WATER BEARER – EDWARDS GARDENS**

2023  
Gouache on paper  
14 x 8.5 in

The woman of stone and the living willow echo each other's graceful quiet strength, the flow of water. The fountain was designed by Len Cullen for Rupert Edward, who bequeathed us the retreat that is Edwards Gardens.



**DOUGAL M. HAGGART**

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**MOODY BEAUTY**

Revised 2023  
Acrylic on canvas  
30 x 30 in

**BARBARA MUIR**

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*Moody Beauty* underscores the truth for me -- that the Maritimes (and our drive out there from Toronto) are always beautiful. Grey day, sunny day -- every day astonishes with its endless views of magnificent land -- much of it untouched by the vicissitudes of progress, and overconstruction we see in the urban environment. Don't get me wrong -- I'm a city woman, but that makes every trip I take to the country all the more precious.



**EVER CHANGING LANDSCAPE**

Acrylic on Canvas  
11 x 14 in

**MARJUT NOUSIAINEN**

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**UNTITLED**

Monoprint  
19 x 15 in

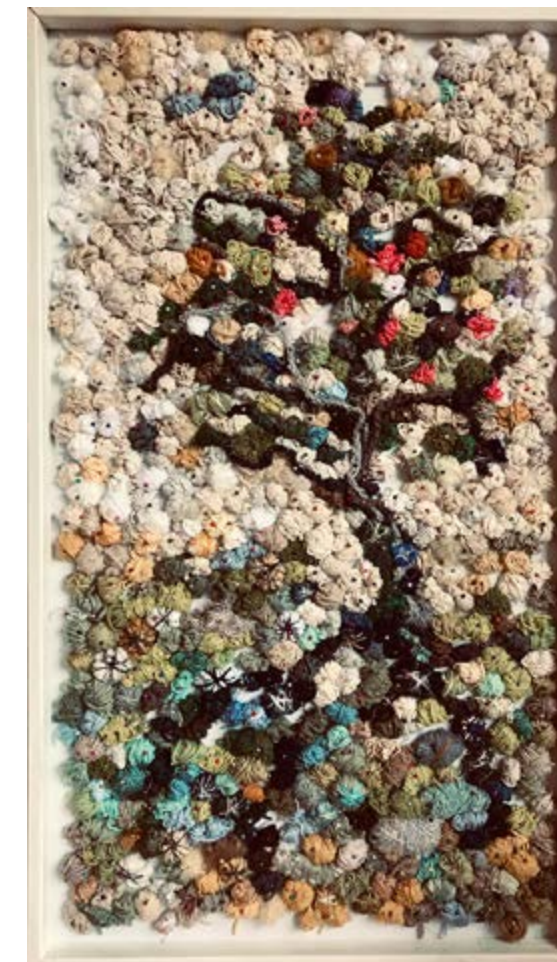


**MARJUT NOUSIAINEN**

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**MAGIC TREE**

Wool work  
38 x 21 ½ in



**COLOURS OF FOREST: SPRUCE**

2023  
Photograph  
16 x 20 in

Mary Perdue is a fine art photographer and multimedia artist. She has been exhibiting for over 20 years in group and solo shows. Her artwork hangs in offices and homes in Canada, the United States, Europe and Japan. This series of photos were made by moving the camera while shooting, in some cases using multiple exposures to create impressionistic or abstract images.



**COLOURS OF FOREST: LEAVES**

2023  
Photograph  
16 x 20 in

**MARY PERDUE**

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**COLOURS OF FOREST: TREES AND ROCKS**

2023  
Photograph  
16 x 20 in



**COLOURS OF FOREST: THROUGH TREES**

2023  
Photograph  
16 x 20 in

**MARY PERDUE**

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**COLOURS OF SUNSET: SWIRL**

2023

Photograph

16 x 20 in



**COLOURS OF SUNSET: BEACH**

2023

Photograph

16 x 20 in



**MARY PERDUE**

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**COLOURS OF SUNSET: GLOW**

2023

Photograph

16 x 20 in



**COLOURS OF SUNSET: SWEEP**

2023

Photograph

16 x 20 in



**MARY PERDUE**

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**HIGH FLIGHT**

2010  
Acrylics  
24 x 30 in

**JANA SKARECKY**

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These three paintings are connected to music I have composed.

**H**igh Flight evokes the lullaby *Child of My Heart*, composed for my grandson Arthur in Iceland, to be sung in the Heliconian Colours of the Earth concert on October 21st. "...Dream of white clouds in the windswept sky, of the silver-blue fjord where seabirds have soared..."

**DEEP PEACE OF THE FLOWING AIR TO YOU**

2013  
Acrylics  
16 x 20 in

The *Deep Peace* paintings are from a series based on the traditional Irish *Deep Peace* blessing which I also set to music, and which will be sung at my father's Celebration of Life on October 28th.



**DEEP PEACE OF THE RUNNING WAVES TO YOU**

2012  
Acrylics  
16 x 20 in



**JANA SKARECKY**

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**BETWEEN SEA AND SKY:  
MANASOTA KEY, FLORIDA**

2015  
Giclée print on fine art canvas  
14 x 30 in

**PATRICIA STAMP**

[pstamp@yorku.ca](mailto:pstamp@yorku.ca)



I love the colours of the earth that come from within, whether the luminescence of a Gulf Coast ocean under a lowering sky, or the translucent rainbow shimmering in the body of an Amazon grasshopper. “*Between Sea and Sky: Manasota Key, Florida*”, captures the essence of the Gulf of Mexico as it washes against the barrier islands of Florida’s west coast, an environment that is being battered and transformed by climate change, with its intensified hurricanes and rising sea level. Manasota Key has been devastated twice by intense hurricanes since I took this picture in 2012.



**TRANSLUCENCE: RAINBOW GRASSHOPPER  
IN THE PERUVIAN AMAZON**

2014  
Giclée print on fine art canvas  
14.5 x 16 in

**PATRICIA STAMP**

[pstamp@yorku.ca](mailto:pstamp@yorku.ca)

“*Translucence: Rainbow Grasshopper in the Peruvian Amazon*” colourfully embodies what we stand to lose of the Amazon’s miraculous creatures, both insignificant and charismatic, if humans continue their depredation. Fortunately, a recent Brazilian law is enshrining the rights of the Indigenous people of the Amazon, who are its guardians and champions.

**SERENITY**

2022  
acrylic and pastel on canvas  
36 x 36 in



**NAOMI TAL**

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**HAIDA GWAI REFLECTIONS: I**

2023  
Vivera Latex photographic ink on paper  
12 x 18 in [Framed 19 x 25 in]

This was taken one second before a bear with a cub, walked out from behind those rocks along the water's edge and back into the forest.

**ROSEMARY TANNOCK**

<https://instagram.com/rostan9>  
[tannockr@gmail.com](mailto:tannockr@gmail.com)



As an enthusiastic watercolourist [but a terrified sailor] I had visions of sitting on the mahogany deck of the historic Maple Leaf schooner, sketching the scenery as we sailed along the rugged coastlines of the Haida Gwaii. But I was so captivated and entranced by the sheer beauty, magnificence, mythology and spirituality of this region that my sketch pad remained empty. At daybreak, I crept up the ladder to sit in silence and awe, gazing at the unbroken reflections of this sacred land in the still water. Only then did I allow myself to take a photo, three of which are exhibited here.

**Haida Gwaii Reflections: II**  
2023

Vivera Latex photographic ink on paper  
12 x 18 in [Framed 19 x 25 in]

This was taken the following day,  
as I sat reading about Raven in  
“*A Story as Sharp as a Knife*” about  
the classical Haida mythtellers and  
their world, by Robert Bringhurst.

Ah...the Raven has just transformed  
into a ...?



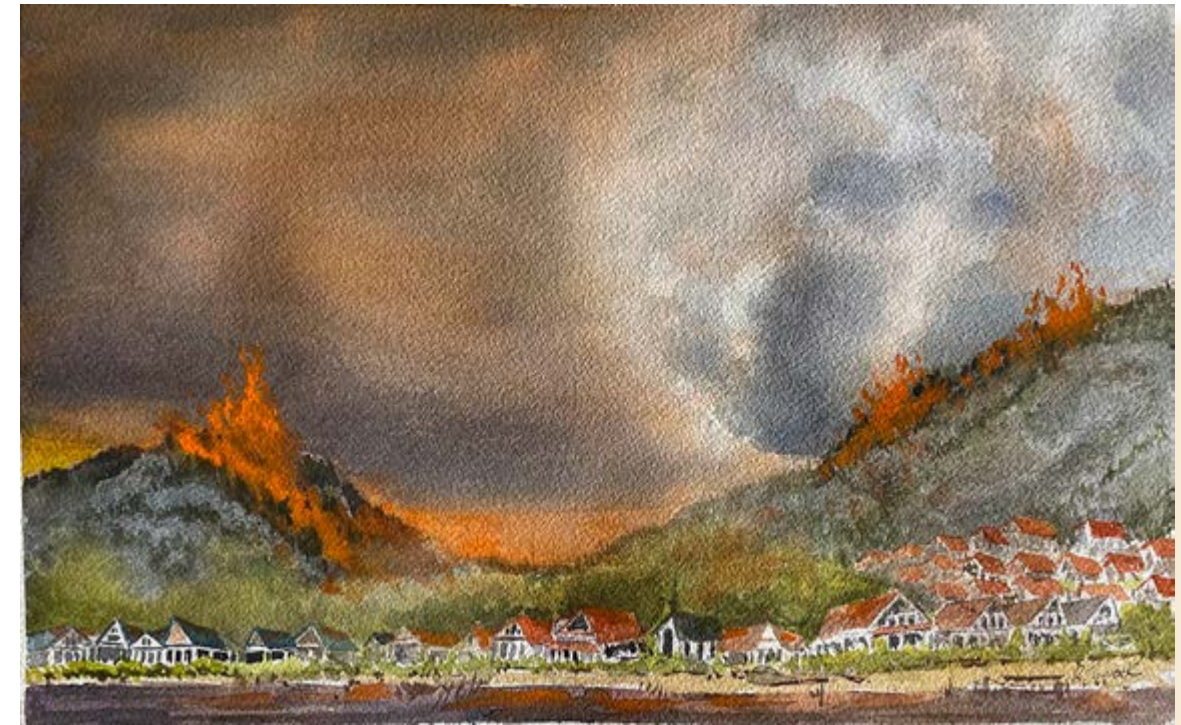
**Haida Gwaii Reflections: III**  
2023

Vivera Latex photographic ink on paper  
12 x 18 in [Framed 19 x 25 in]

Reflections - III which when rotated  
clockwise 90 degrees in your mind,  
reveals Raven hiding in the indigo  
marginated totem pole! See those eyes  
and pointed beak?

**ROSEMARY TANNOCK**

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**LYTTON WILDFIRE JUNE 30, 2021**

2021  
Watercolour on paper  
9 x 14 in [Framed 15 x 20 in]

**ROSEMARY TANNOCK**

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[tannockr@gmail.com](mailto:tannockr@gmail.com)

My imaginative depiction of Lytton's wildfire that destroyed most of the town.





**GOLDEN HARMONY**

2023  
Mixed Media on paper  
20 x 24 in

**HELEN WANG**

[helen.yangjean@gmail.com](mailto:helen.yangjean@gmail.com)



**TURQUOISE SERENITY**

2023  
Mixed Media on paper  
24 x 20 in



**HELEN WANG**

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**THE INTERSECTION**

2022

Acrylic on board

16 x 20 in



**WINTER WOODS**

2023

Acrylic on board

16 x 20 in



**HELEN WANG**

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## Notice to Collectors

Items are available for sale during the show run but are released to purchasers after the show closes and the artist is paid.

Please arrange a purchase with staff at Heliconian Hall or directly via email with the artist.

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